

Monday	Tuesday	Wednesday	Thursday	Friday
		Hamburger Patty* Lettuce/Tomato/Onion Baked Beans Hamburger Bun Peach Cobbler Milk Mayonnaise Mustard Diet – Hot Spiced Peaches <i>Cal:925 33.3gm Fat 1</i>	Turkey Breast with Gravy Oven Roasted Sweet Potatoes Brussels Sprouts Dinner Roll Fresh Fruit <b>Birthday Cake</b> Milk Margarine Diet – Fruited Gelatin <i>Cal:647 13.2gm Fat 2</i>	Cheese Omelet with Picante Sauce# O'Brien Hashbrowns Hot Spiced Apples Biscuit Fresh Banana Milk Margarine Diet – Same <i>Cal:723 26gm Fat 3</i>
Swiss Steak* Au Gratin Rotini Mixed Greens Whole Wheat Bread Fresh Fruit Milk Margarine Diet – Same <i>Cal:760 31.9 gm Fat 6</i>	Turkey Spaghetti Green Beans with Onions Squash Medley Whole Wheat Bread Oatmeal Cream Cookie Milk Margarine Diet – Same <i>Cal:676 21.4gm Fat 7</i>	Baked Chicken Thigh Mixed Beans Baby Carrots Dinner Roll Fresh Fruit Milk Margarine Diet – Same <i>Cal:646 18.9gm Fat 8</i>	Beef Chili with Beans Yellow Rice Tossed Salad Saltine Crackers Cranapple Cobbler Milk Ranch Dressing Diet – Hot Pineapple Tidbits <i>Cal:852 26.6 gm Fat 9</i>	Breaded Fish Buttermilk Potatoes# Green Peas Whole Wheat Bread Fruited Gelatin Milk Tartar Sauce Diet – Fruited Gelatin <i>Cal:758 23.5gm Fat 10</i>
Savory Apricot Chicken Meatballs*# Macaroni and Cheese Italian Vegetables Whole Wheat Bread Fresh Fruit Milk Margarine Diet – Same <i>Cal: 780 26gm Fat 13</i>	<b>Valentine's Day</b> Country Fried Steak Country Gravy Whipped Potatoes French Green Beans Dinner Roll Strawberry Shortcake Cookie Milk Margarine Diet - Cookie <i>Cal: 895 35.2 gm Fat 14</i>	BBQ Pork Rib Patty* Oven Roasted Potatoes Cabbage and Carrots Hamburger Bun Banana Pudding Milk Margarine Diet – Vanilla Pudding <i>Cal: 866 28.1gm Fat 15</i>	Sausage and White Beans Stewed Tomatoes Turnip Greens Cornbread Birthday Cake Milk Margarine Diet – Same <i>Cal:757 24.6 gm Fat 16</i>	Seafood Macaroni Salad Green Bean Salad Cucumber Salad Saltine Crackers Fudge Cream Cookie Milk Diet – Same <i>Cal: 604 20.2gm Fat 17</i>
Thai Chili Beef*# Green Peas Sliced Carrots Whole Wheat Bread Fresh Fruit Milk Margarine Diet – Same <i>Cal:628 21.8gm Fat 20</i>	Chicken Cacciatore# Parslied Penne Broccoli and Cauliflower Dinner Roll Chocolate Chip Cookie Milk Margarine Diet – Same <i>Cal:622 19.9gm Fat 21</i>	Dijon Herb Turkey Breast Lima Beans Mixed Greens Cornbread Fresh Orange Milk Margarine Diet – Same <i>Cal:651 19.3gm Fat 22</i>	Taco Meat Lettuce/Tomato/Onion Pinto Beans Flour Tortilla Cranapple Cobbler Milk Taco Sauce Diet – Hot Apple Slices <i>Cal:866 27.5gm Fat 23</i>	Potato Crusted Fish Ranch Potatoes Capri Vegetables Whole Wheat Bread Strawberry Fruited Gelatin Milk Tartar Sauce Diet – Fruited Gelatin <i>Cal:707 21gm Fat 24</i>
Almond Dijon Chicken Patty*# Yellow Rice Zucchini Whole Wheat Bread Fresh Fruit Milk Margarine Diet – Same <i>Cal:618 20.6gm Fat 27</i>	Meatloaf* Brown Gravy Oven Roasted Potatoes Spring Vegetables Dinner Roll Nutty Buddy Bar Milk Margarine Diet – Same <i>Cal:661 24.8gm Fat 28</i>			Meal ≥ 1000mg Sodium  # New Menu Item  * - Notates soy containing items ≤6.5% total volume  - Vegetarian Entrée