

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Tetrazzini Cauliflower Squash/Zucchini/Tomato Dinner Roll Fresh Fruit Milk Margarine Diet – Same Cal: 628 19.6gm Fat 1	BBQ Pork Rib Patty* Oven Roasted Potatoes Garden Vegetables Hamburger Bun Mud Pie Pudding Milk Diet – Chocolate Pudding Cal: 811 24.2gm Fat 2	Potato Crusted Fish Macaroni and Cheese Green Beans Whole Wheat Bread Fresh Fruit Milk Tartar Sauce Diet – Same Cal: 721 26.2gm Fat 3	Chicken Salad Carrot Raisin Salad Tomato Spoon Relish Saltine Crackers Fresh Fruit Birthday Cake Milk Diet – Same Cal: 748 24.9gm Fat 4	Beef Taco Lettuce/Tomato/Onion Fiesta Vegetables Flour Tortilla Apple Cobbler Milk Taco Sauce Diet – Spiced Apples Cal: 681 23.3gm Fat 5
Bruschetta Chicken Meatballs* Penne Pasta Italian Vegetables Whole Wheat Bread Fresh Fruit Milk Margarine Diet – Same Cal: 680 22.6gm Fat 8	Turkey Pot Pie Broccoli Okra and Tomatoes Dinner Roll Creamsicle Pudding Milk Margarine Diet – Vanilla Pudding Cal: 707 19.4gm Fat 9	Hamburger Patty* Sliced Cheese Lettuce/Tomato/Onion Baked Beans Hamburger Bun Peach Cobbler Milk Mayonnaise and Mustard Diet – Spiced Peaches Cal: 977 37.6gm Fat 10	Turkey Breast with Gravy Mixed Beans Cabbage Cornbread Fresh Orange Milk Margarine Diet – Same Cal: 710 19.4gm Fat 11	Seafood Macaroni Salad Marinated Carrots Cucumber Salad Dinner Roll Nutty Buddy Bar Milk Diet – Same Cal: 610 17.9gm Fat 12
Smoked Sausage Whole Kernel Corn California Vegetables Hot Dog Bun Fresh Fruit Milk Mustard Diet – Same Cal: 605 18.3gm Fat 15	Creole Beef* Green Peas with Onions Sliced Carrots Whole Wheat Bread Fudge Cream Cookie Milk Margarine Diet – Same Cal: 739 29.2gm Fat 16	Turkey Spaghetti Tossed Salad Sliced Carrots Whole Wheat Breadstick Apple Cobbler Milk Margarine Ranch Salad Dressing Diet – Mandarin Oranges Cal: 813 30.9gm Fat 17	Asian Ginger Diced Chicken* Fried Rice Broccoli Whole Wheat Bread Fruited Lemon Gelatin Milk Margarine Diet – Fruited Gelatin Cal: 693 20.1gm Fat 18	Tuna Pasta Salad Marinated Vegetable Salad* Pickled Beets Saltine Crackers Fresh Fruit Milk Diet – Same Cal: 752 16.7gm Fat 19
Spanish Beef Patty* Yellow Rice Peas and Carrots Whole Wheat Bread Fresh Fruit Milk Margarine Diet – Same Cal: 655 21.8gm Fat 22	Balsamic Baked Chicken Thigh# Couscous Catalina Vegetables Whole Wheat Bread Gingerbread Cookie Milk Margarine Diet – Same Cal: 861 33.1gm Fat 23	Glazed Ham Mashed Spiced Yams Mixed Greens Cornbread Fresh Fruit Milk Margarine Diet – Same Cal: 678 23.2gm Fat 24	Hamburger Patty* Lettuce/Tomato/Onion Ranch Beans Hamburger Bun Peach Cobbler Milk Mayonnaise and Mustard Diet – Pineapple Tidbits Cal: 840 24.6gm Fat 25	Vegetable Lasagna Squash Medley Dilled Carrots Whole Wheat Breadstick Fruited Strawberry Gelatin Milk Margarine Diet – Fruited Gelatin Cal: 603 14.7gm Fat 26
Lemon Pepper Fish Cheesy Garlic Polenta# Spring Vegetables Whole Wheat Bread Fresh Fruit Milk Margarine Diet – Same Cal: 730 26.9gm Fat 29	Beef Chili with Beans Rice Green Beans Saltine Crackers Banana Pudding Milk Diet – Vanilla Pudding Cal: 804 18.2gm Fat 30	Sliced Turkey Breast Swiss Cheese Lettuce and Tomato Green Pea Salad Whole Wheat Bread (2) Fresh Fruit Milk Mustard Diet – Same Cal: 609 15.8gm Fat 31		Meal ≥ 1000mg Sodium # New Menu Item * - Notates soy containing items ≤6.5% total volume V - Vegetarian Entrée